

ABSTRACT SUBMISSION AUTHOR GUIDELINES

FOR ORAL COMMUNICATION OR POSTER PRESENTATION

A. GENERALITIES

This online abstract submission will close on **October 5, 2026**. No late abstracts will be accepted. Presenting authors will be notified of the Scientific Committee's decision regarding acceptance of their abstracts. Presenting authors must be registered to ICFSR27 by **December 15, 2026** or their abstract will be discarded from the program.

Only abstracts submitted via the online system will be taken into account. Please do not send abstracts by email, as they will not be considered.

Please note that abstracts submitted for an oral communication will automatically be considered for a poster presentation if not selected for an oral communication. **Do not submit abstracts twice. Double submissions will be discarded from the system.**

B. STEP-BY-STEP ONLINE SUBMISSION GUIDELINES

Step 1: Please indicate the type of presentation you are submitting for.

Attention: *do not submit the same abstract for an oral communication and a poster presentation.* If your abstract is not accepted for an oral communication, it will automatically be considered for a poster presentation. Please indicate if you are attending in-person in Toulouse or remotely.

Step 2: In the scroll-down menu for topics, make sure you select the topic of your choice from those listed below.

- ☒ I. INTRINSIC CAPACITY
- ☒ II. HEALTHY LONGEVITY & GEROSCIENCE
- ☒ III. FRAILTY
- ☒ IV. SARCOPENIA
- ☒ V. ICOPE IMPLEMENTATION FROM CLINICAL PRACTICE TO RESEARCH
- ☒ VI. DIGITAL TOOLS

Step 3: Enter the abstract title. Please do not capitalize the letters.

Step 4: Enter the name and affiliation of the presenting author (the person presenting the abstract at the conference, not necessarily the main author).

- Enter names and affiliations of co-authors as needed. A maximum of 15 co-authors is allowed.

Step 5: Enter all the emails from the presenting author and co-authors.

Step 6: In the dedicated box, please enter the key takeaway message (maximum 35 words) for your abstract.

Step 7: Enter all the different elements of your abstract in the dedicated abstract box, following the structure below.

Background – Methods – Results – Conclusions – Disclosures – References

C. AUTHOR INSTRUCTIONS

- **Abstract selection:** Abstracts are selected on a peer-review basis by the [ICFSR Scientific Committee](#).
- **Abstract publication:** Abstracts accepted for presentation at ICFSR 2027 will be published in a supplement of [the Journal of Frailty and Aging](#) after the event. It is essential to follow the instructions below in preparing your abstract. Abstracts submitted in an inappropriate format will not be considered for presentation and/or publication.
- **Structured abstract:** Abstracts must be structured with the following headings: Background, Methods, Results, Conclusions, Disclosures, References.
- **Disclosures:** All authors are responsible for recognizing and disclosing any conflict of interest that could be perceived to bias their work, making known all financial support, grants, and any other personal connections. Biographical descriptions should be avoided, but transparency is required, delivered in a concise and full sentence.
- **Abstract text:** Limited to 1000 words, excluding disclosures and references.
 - **Additional material:** Tables, graphs, and figures are not permitted.
 - **Trademarks:** Generic drug names are preferable to trademarked, brand-named drugs (for example, acetaminophen rather than Tylenol, Johnson & Johnson Consumer, Inc., US). Where brand or trade names are included, manufacturer names and locations are also required.
 - **References:** References and citations to previously published work should be avoided. Where cited and necessary, abbreviated references with the DOI or web link are acceptable. Where the DOI or web link is not available, references should conform to the Journal format for reference lists.
 - **Copyright:** In submitting your abstract via the ICFSR online submission system, you agree to the transfer of copyright to Serdi and Elsevier Nature, publishers of the Journal of Frailty and Aging.
 - **Author duties:** In submitting your abstract via the ICFSR online submission system, you agree to abide by the [author duties](#) described on the ICFSR website.

D. ABSTRACT TEXT SAMPLE

Title: Properties of the meeting abstract: Mystery elements explained

¹Given M Family, ²Kong-sang (Jackie) Chan, ¹²Victoria Von Waltz, ²on behalf of RSMA workgroup

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Background:

Describes what is already known and what is not known about the subject, the purpose of the presentation, and the aim of the study. Avoid acronyms and perpetuating misspellings or jargon from previous work.

Methods:

Details on how the study was carried out, such as sample size (and variations), source of sample if limited or defined by location, inclusion requirements, and duration of the study. Generic drug names are preferable when describing dosage.

Results:

Detailed findings and comparisons summarized in complete sentences. If all data cannot be shared and summarized in the limited space, it may be helpful to deposit data in an open repository and focus on the primary purpose.

Conclusion:

Briefly summarizes the results and may highlight new or unexpected findings and advise on future studies. Statements should refer to the author conclusions collectively and within a wider perspective, rather than offering individual and subjective opinions.

Keywords:

Optional, consistently applied, relevant short phrases, limit of four.

Clinical Trial Registry:

NCT12345678; <https://clinicaltrials.gov>

Data Deposition:

<https://dx.doi.org/00.0000/m0.figshare.000000.v1>

Disclosures:

VVW's employer received a grant from Pharmatown. The authors declared no competing interests.

References:

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2. Author B, et al. Book Title. Publisher; 2013: 369–377. <http://doi.org/00.0000/b.0000000000>
3. Program Name. Version XX. Company Name; 2016. Accessible: <http://www.includethewebaddress.com>
4. ABC Committee. Guide for Authors; 2016:1552-1554. [Springer figures and tables guidance](#)